

UNIVERSITY PERFORMANCE CAMP

**5 days of intense training
with a different OUA
coach each day**

**low athlete coach ratio
limited space - register early**



McMaster University
Ryerson University
University Of Queens
University of Toronto
University of Waterloo

Tim Louks
Dustin Reid
Joely Christian
Kristine Drakich
Gaby Jobst

UPC CAMP

August 10 to August 14

Lester B Pearson High School
Burlington, Ontario
1433 Headon Road

This camp provides higher intensity training for experienced club players. Players selecting this camp should be committed to a pre-camp training program and also be willing to work at a high intensity level for the duration of the camp. Please note that coaches reserve the right to move players between groups during the week depending on athlete level skill level and athlete commitment. **Athletes participating in this camp must be 14 + years old with a minimum of 2 years club experience.**

UPC REGISTRATION

Name: _____

Address: _____

City: _____

Postal: _____

Phone: _____

Email: _____

DOB: _____

School: _____

ER Contact Name: _____

Position _____

OVA Club _____

ER Contact Name: _____

ER Contact Phone: _____

Health Card: _____

T-Shirt: YS YM YL S M L XL

UPC Volleyball Camp

August 10 – 14, 2009, 9am to 4pm

Athlete prerequisite: 14 + with a minimum of 2 years OVA Club experience.

Camp fee: \$ 370.00

cheque payable to: Volley Girls

Please write campers full name on cheque

Mail to: University Performance Camp, 482 John Street, Suite 200, Burlington, Ontario, L7R 2K7

I have read and hereby accept the conditions described in this brochure. I understand the inherent risks associated with this program and release Volley Girls from any responsibility. I also certify that my child is medically fit to participate and I do hereby authorize camp staff to administer any emergency medical treatment. I consent that Volley Girls retains the rights to use photographs of athletes taken at camp for publicity and advertising purposes.

Parent/ Guardian Signature